



Redbrook Hayes Community Primary School
Personal, Social, Health, Economic Education
Long Term Planning – Years 1 and 2

Long Term Plan – Year B		Classes 1 & 2	
AUTUMN 1	My Relationships	AUTUMN 2	My Wellbeing
LLS - Learning Together	<p>Umbrella question: How do I work with other people?</p> <p>PSHE Objectives to cover: To learn what is fair and unfair. To learn what to do with their feelings To learn how to recognise other people’s emotions. To learn how to react to other people’s emotions.</p>	LLS – Knowing Me , Knowing You	<p>Umbrella question: How can I keep myself healthy?</p> <p>PSHE Objectives to cover: To learn what a healthy body is like. To learn what a healthy mind is like. To learn to make healthy choices. To learn how I can stay healthy.</p>
SPRING 1	My Safety	SPRING 2	My Community
LLS – Think! Think! Think!	<p>Umbrella question: Who keeps me safe?</p> <p>PSHE Objectives to cover: To learn what safe means and what it feels like. (inc. touch) To learn who keeps me safe and who I trust To learn how to be safe at home (on and offline) To learn what to do in an emergency</p>	LLS – Speaking & Listening	<p>Umbrella question: Where do I belong?</p> <p>PSHE Objectives to cover: To learn what it means to belong and where we belong To learn how we are the same and different. To learn about the role of money in my community.</p>
SUMMER 1	My Future	SUMMER 1	SRE Unit
LLS – It’s Up to Me	<p>Umbrella question: What can change?</p> <p>PSHE Objectives to cover: To learn what change is and what can change. To learn how change can feel. To learn what loss is. To identify my achievements and how I want to grow.</p>	No specific LLS unit this half term.	<p>SRE to be taught in year groups.</p> <p>See SRE Scheme for your specific year group’s planning and requirements.</p>