



**Redbrook Hayes Community Primary School**  
**Personal, Social, Health, Economic Education**  
**Long Term Planning – Years 3 and 4**

Long Term Plan – Year B		Classes 3 & 4	
<b>AUTUMN 1</b>	<b>My Relationships</b>	<b>AUTUMN 2</b>	<b>My Wellbeing</b>
LLS - Learning Together	<p><b>Umbrella question:</b> What should we do about bullying?</p> <p><b>PSHE Objectives to cover:</b>            To learn what to impact of bullying is (inc. empathy)            To learn what to do about bullying (on and off line)            To learn about our rights to privacy.</p>	LLS – Knowing Me , Knowing You	<p><b>Umbrella question:</b> How can I be mentally healthy?</p> <p><b>PSHE Objectives to cover:</b>            To learn what happiness is.            To learn about stress and anxiety            To learn how to manage change. (inc. loss)            To learn how physical and mental health are linked.</p>
<b>SPRING 1</b>	<b>My Safety</b>	<b>SPRING 2</b>	<b>My Community</b>
LLS – Think! Think! Think!	<p><b>Umbrella question:</b> What should I do when I feel uncomfortable?</p> <p><b>PSHE Objectives to cover:</b>            To learn to identify when I feel uncomfortable.            To learn what consent means.            To learn about my personal space.            To learn to be assertive (say no)</p>	LLS – Speaking & Listening	<p><b>Umbrella question:</b> What impacts on my community?</p> <p><b>PSHE Objectives to cover:</b>            To learn what a community is and how to take care of it.            To learn how communities are diverse.            To learn what tolerance means in a community.            To learn to recognise and challenge stereotypes.</p>
<b>SUMMER 1</b>	<b>My Future (project unit)</b>	<b>SUMMER 1</b>	<b>SRE Unit</b>
LLS – It's Up to Me	<p><b>Umbrella question:</b> How can I begin to be independent?</p> <p><b>PSHE Objectives to cover:</b>            To learn about the value of money and some financial terms.            Use the 'It's up to me' unit to develop skills in independent project planning and taking responsibility.</p>	No specific LLS unit this half term.	<p><b>SRE</b> to be taught in year groups.</p> <p>See SRE Scheme for your specific year group's planning and requirements.</p>