



**Redbrook Hayes Community Primary School**  
**Personal, Social, Health, Economic Education**  
**Long Term Planning – Years 5 and 6**

Long Term Plan – Year B		Classes 5 & 6	
<b>AUTUMN 1</b>	<b>My Relationships</b>	<b>AUTUMN 2</b>	<b>My Wellbeing</b>
LLS - Learning Together	<p><b>Umbrella question:</b> How do I manage relationships online?</p> <p><b>PSHE Objectives to cover:</b>            To learn that we all have a right to privacy and what we are able to keep private.            To learn to keep safe online.            To learn to resolve conflict and compromise.</p>	LLS – Knowing Me , Knowing You	<p><b>Umbrella question:</b> How do I feel about myself?</p> <p><b>PSHE Objectives to cover:</b>            To learn what self-esteem is.            To learn what impacts on self-esteem and how to boost self-esteem.            To learn how the media impacts of self-esteem.            To learn what stress is and how to manage stress.</p>
<b>SPRING 1</b>	<b>My Safety</b>	<b>SPRING 2</b>	<b>My Community</b>
LLS – Think! Think! Think!	<p><b>Umbrella question:</b> How do I make myself feel safe?</p> <p><b>PSHE Objectives to cover:</b>            To learn what peer pressure is and how to resist it.            To learn to use mobile phones safely.            To learn to own my body and be assertive.</p>	LLS – Speaking & Listening	<p><b>Umbrella question:</b> How can I have a positive impact on my community?</p> <p><b>PSHE Objectives to cover:</b>            To learn about the nature and consequences of prejudice and discrimination.            To learn about our rights and responsibilities (inc. laws and democracy)</p>
<b>SUMMER 1</b>	<b>My Future (project unit)</b>	<b>SUMMER 1</b>	<b>SRE Unit</b>
LLS – It’s Up to Me	<p><b>Umbrella question:</b> How can I take control of my future?</p> <p><b>PSHE Objectives to cover:</b>            Revise money objectives that will have been learnt in previous phase.            Use the ‘It’s up to me’ unit to develop skills in independent project planning and taking responsibility.</p>	No specific LLS unit this half term.	<p><b>SRE</b> to be taught in year groups.</p> <p>See SRE Scheme for your specific year group’s planning and requirements.</p>